Scrubs Bag



Make this simple drawstring bag with a casing and boxed corners

By Rebecca Reid













INGREDIENTS

- Cotton fabric: 23x32in (57x80cm)
- Cotton tape or ribbon: 80in (2m)
- Matching sewing thread
- · Basic sewing kit

NOTES

- Use a ½in (1cm) seam allowance
- RS = right side
- WS = wrong side
- Use either the imperial or the metric measurements but don't mix them
- Topstitching is a line of stitching, worked near the fabric edge, to neaten and decorate

METHOD

JOINING THE PIECES

Step one Cut the fabric into two pieces, each measuring 23in (57cm) high x 16in (40cm) wide for the Bag Front and Bag Back. Step two Neaten the edges of the Bag Front and Bag Back using a machine zig zag down the sides and across the bottom to stop them fraying. You don't need to neaten the top edge as this will be turned under. Step three Pin the the Bag Front and Bag Back RS facing, matching raw edges. Measure 1½in (3.5cm) down from the top on the right hand side and mark then measure 1in (2.5cm) down from this and mark. Measure and mark the left hand side

Step four Stitch the Bag Front and Bag Back together down the sides and across the bottom but leave the 1in (2.5cm) marked gap unstitched on each side, reverse stitching at each end of the gap for strength. This will be the gap for the casing. @

MAKING BOXED CORNERS

in the same way. 01

This is optional but will give some depth and structure to the drawstring bag. If you don't want to do this, then skip this part. Step one With the joined fabric pieces WS out and laying flat, draw a 2in (5cm) square in the bottom right corner and cut it out. Step two Repeat this to draw and cut out a 2in (5cm) square from the bottom left corner. 03

Step three Take one corner and open it out

then fold it so the seam allowances are matching. Pin together then press the corner flat.

Step four Stitch across the corner. Then, to neaten the edges and stop them from fraying, work a machine zig zag across them through both fabric layers. 04 Step five Repeat this to box and neaten the other corner in the same way

MAKING THE CASING

Step one Press the side seams open and turn RS out. Topstitch round the edge of the casing on each side to strengthen the edges and hold the seam allowances open and flat. You don't have to do this if it's fiddly, but it gives a neater casing opening. 05 Step two Turn the bag WS out then turn the top edge of the Bag Front and Bag Back over by ½in (1cm) to the WS and press. Turn over again by 1in (2.5cm) to the WS and press. Stitch the turned under edge into place all round, close to the bottom edge. 06 Step three Turn the bag RS out, pushing out the bottom corners and press. Step four Cut the cotton tape or ribbon in half. Take one piece and clip a safety pin to one end. Thread it through the casing starting and finishing at the same side. Knot the ends then trim into a 'V' to stop them fraying.

Step five Repeat to thread the other length of the tape or ribbon through the casing, starting and finishing at the opposite side this time. Knot and trim the ends to finish.

I hope you enjoy making this project. Please feel free to copy and distribute the instructions.

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and we will make sure they reach the people who need them most.